Essie Parrish, a Native American spiritual leader and healer, kept alive stories from a time when her people, the Kashaya Pomo, flourished along the northern California coast. One day in 1958, she invited Robert Oswalt, an anthropologist at the University of California, to time travel with her to the 1540s. As Parrish spoke, the centuries rolled back.

**A Personal Voice  ESSIE PARRISH**

“...In the old days, before the white people came up here, there was a boat sailing on the ocean from the south. Because before that... [the Kashaya Pomo] had never seen a boat, they said, “Our world must be coming to an end. Couldn’t we do something? This big bird floating on the ocean is from somewhere, probably from up high...” [T]hey promised Our Father [a feast,] saying that destruction was upon them. When they had done so, they watched [the ship] sail way up north and disappear... They were saying that nothing had happened to them—the big bird person had sailed northward without doing anything—because of the promise of a feast... Consequently they held a feast and a big dance.”

—quoted in Kashaya Texts

In this chapter, you will learn about three complex societies that met in North America in the late 1400s: the European, the West African, and the Native American. However, it is with the ancient peoples of the Americas that American history actually begins.

**Ancient Cultures in the Americas**

No one knows for sure when the first Americans arrived, but it may have been as long as 22,000 years ago. At that time, the glaciers of the last Ice Age had frozen...
vast quantities of the earth’s water, lowering sea levels and possibly creating a land bridge between Asia and Alaska across what is now the Bering Strait. Ancient hunters may have trekked across the frozen land, known as Beringia, into North America.

**HUNTING AND GATHERING** Archaeologists believe that the earliest Americans lived as big-game hunters. That way of life changed around 12,000 to 10,000 years ago when temperatures warmed, glaciers melted, and sea levels rose once again. The land bridge disappeared under the Bering Sea, bringing to an end land travel between the Asian and North American continents. As the climate grew warmer, the large animals no longer thrived. People gradually switched to hunting smaller game and fish and gathering nuts and berries.

**AGRICULTURE DEVELOPS** While many ancient groups settled in North America, others continued south into what is now Mexico and South America. Between 10,000 and 5,000 years ago, an agricultural revolution quietly took place in what is now central Mexico. There, people began to plant crops. Eventually, agricultural techniques spread throughout the Americas.

The introduction of agriculture made it possible for people to settle in one place and to store surplus food. From this agricultural base developed larger communities. However, some Native American cultures never adopted agriculture and remained nomadic, moving from place to place in search of food and water. Other tribes mixed nomadic and non-nomadic lifestyles.

**MAYA, AZTEC, AND INCA SOCIETIES FLOURISH** The first empire of the Americas emerged as early as 1200 B.C. in what is now southern Mexico, where the Olmec people created a thriving civilization. In the wake of the Olmec’s mysterious collapse, around 400 B.C., the Maya built a dynamic culture in Guatemala and the Yucatán Peninsula between A.D. 250 and 900. Later, the Aztec settled the Valley of Mexico in the 1200s and developed a sophisticated civilization.

In South America, the most prominent empire builders were the Inca. Around A.D. 1400, the Inca created a glittering empire that stretched nearly 2,500 miles along the mountainous western coast of South America.

**COMPLEX SOCIETIES ARISE IN NORTH AMERICA** In time, several North American groups, including the Hohokam and the Anasazi (ɑːnɑˈsæz), introduced crops into the arid deserts of the Southwest. Later, between 300 B.C. and A.D. 1400, each group had established its own culture.
To the east and west of the Mississippi River, another series of complex societies developed—the Adena, the Hopewell, and the Mississippian. These societies excelled at trade and at building massive earthen mounds as tombs and as platforms for temples and other buildings.

These early peoples were the ancestors of the many Native American groups that inhabited North America on the eve of its encounter with the European world.

**Native American Societies of the 1400s**

The varied regions of the North American continent provided for many different ways of life. The native groups that populated the continent’s coasts, deserts, and forests 500 years ago were as diverse as their surroundings.

**DIVERSE PEOPLES** The inhabitants of California adapted to the region’s varied environments. The Kashaya Pomo lived in marshlands along the central coast, hunting waterfowl with slingshots and nets. To the north of them, the Yurok and Hupa searched the forests for acorns and trapped fish in mountain streams.

The waterways and forests of the Northwest Coast sustained large communities year-round. On a coastline that stretched from what is now southern Alaska to northern California, groups such as the Kwakiutl, Nootka, and Haida collected shellfish from the beaches and hunted the ocean for whales, sea otters, and seals.

In the dry Southwest, the *Pueblo* and *Pima* tribes, descendants of the Anasazi and Hohokam, lived in multistory houses made of stone or adobe, a sun-dried brick of clay and straw, and grew maize (corn), beans, melons, and squash.

Beneath the forest canopy of the Northeast, members of the *Iroquois* (*Ir’kwoi*) nation hunted fish and game, such as wild turkeys, deer, and bear. In the Northeast, where winters could be long and harsh, Northeast peoples relied heavily on wild animals for clothing and food. In the warmer Southeast, groups lived mainly off the land, growing such crops as maize, squash, and beans.
North American Cultures in the 1400s

Tepees could be quickly dismantled and were well suited to the nomadic lifestyle of the Plains.

A longhouse of the Eastern Woodlands region.

Pueblos, built of sun-dried brick, or adobe, were characteristic dwellings of the Southwest.

Native American Trade

Before the arrival of Columbus, the trade routes of North America allowed goods to travel across the continent.

<table>
<thead>
<tr>
<th>Group and Region</th>
<th>Goods Traded</th>
</tr>
</thead>
<tbody>
<tr>
<td>Algonquin of Eastern Woodlands</td>
<td>colored feathers, copper</td>
</tr>
<tr>
<td>Apaches of the Plains</td>
<td>meat, hides, salt</td>
</tr>
<tr>
<td>Navajo of the Southwest</td>
<td>pottery, blankets, crops</td>
</tr>
<tr>
<td>Kwakiutl of the Northwest Coast</td>
<td>fish oil</td>
</tr>
<tr>
<td>Ute of the Great Basin</td>
<td>hides, buffalo robes</td>
</tr>
<tr>
<td>Choctaw of the Southeast</td>
<td>deerskins, bear oil</td>
</tr>
</tbody>
</table>

GEOGRAPHY SKILLBUILDER

1. **Region** What does this map reveal about North America in the 1400s?
2. **Location** Why do you think some regions had more trade routes than others?
COMMON CHARACTERISTICS  Many of the Native American cultures had in common certain patterns of trade, attitudes toward land use, religious beliefs, and social values. As in other parts of the world, trade helped the spread of customs and beliefs. Tribes traded among each other both locally and over long distances. So extensive was the network of forest trails and river roads that an English sailor named David Ingram claimed in 1568 to have walked along Native American trade routes all the way from the Gulf of Mexico to Nova Scotia.

Native Americans traded many things, but land was not one of them. Land was regarded as the source of life, not as a commodity to be sold. “We cannot sell the lives of men and animals,” said one Blackfoot chief in the 1800s, “therefore we cannot sell this land.”

Nearly all Native Americans thought of the natural world as filled with spirits. Every object—both living and nonliving—possessed a voice that might be heard if one listened closely. Some cultures worshiped one supreme being, variously called “Great Spirit,” “Great Mystery,” or “the Creative Power.”

The basic unit of organization among all Native American groups was the family, which included aunts, uncles, cousins, and other relatives. Some tribes further organized the families into clans, or groups of families descended from a common ancestor.

In the late 1400s, on the eve of the first encounter with Europeans, the rhythms of Native American family life were highly developed. All phases of a person’s life—birth, marriage, and death—were guided by traditions that often went back hundreds or perhaps thousands of years. On the other side of the Atlantic, in West Africa, customs equally ancient guided another diverse group of people.

West African Societies of the 1400s

Like North America, West Africa in the 1400s was home to a variety of long-established, sophisticated societies. From this region, especially from the coasts, originated most of the people who were enslaved and brought to the Americas in the centuries that followed. Their African traditions and beliefs played a major role in forming American history and culture. Notable among West African societies in the late 1400s were three powerful kingdoms: Songhai, Benin, and Kongo.

THE KINGDOM OF SONGHAI  From about 600 to 1600, a succession of empires—first Ghana, then Mali, and finally Songhai—gained power and wealth by controlling the trans-Sahara trade. The rulers of these empires grew rich by taxing the
goods that passed through their realms. In 1067 an Arab geographer in Spain, named Al Bakri, described the duties (import and export taxes) levied in Ghana.

A PERSONAL VOICE AL BAKRI

“For every donkey loaded with salt that enters the country, the king takes a duty of one golden dinar [about one-eighth ounce of gold], and two dinars from every one that leaves. From a load of copper the duty due to the king is five mithquals [also about one-eighth ounce of gold], and from a load of merchandise ten mithquals. . . . The [gold] nuggets found in all the mines . . . are reserved for the king, only gold dust being left for the people.”

—quoted in Africa in the Days of Exploration

With such wealth, the rulers who controlled the north-south trade routes could raise large armies and conquer new territory. They could also build cities, administer laws, and support the arts and education.

KINGDOMS OF BENIN AND KONGO At its height in the 1500s, Songhai’s power extended across much of West Africa. However, it did not control the forest kingdoms along the southern coast. In the 1400s, one of these kingdoms, Benin, dominated a large region around the Niger Delta. Leading the expansion was a powerful oba, or ruler, named Ewuare, who developed Benin City.

Within another stretch of rain forest, in West Central Africa, the powerful kingdom of Kongo arose on the lower Congo (Zaire) River. In the late 1400s, Kongo consisted of a series of small kingdoms ruled by a single leader called the manikongo, who lived in what is today Angola.

WEST AFRICAN CULTURE Most West Africans lived in small villages, where life revolved around family, the community, and tradition. Bonds of kinship—that is, family ties—formed the basis of most aspects of life.

Political leaders claimed authority on the basis of religion. Although West Africans might worship a variety of gods and ancestral spirits, most believed in a single creator.

Throughout West Africa, people supported themselves by farming, herding, hunting, fishing, and by mining and trading. Almost all groups believed in collective ownership of land. Individuals farmed the land, but it reverted to family or village ownership when not in use.

TRADING PATTERNS WITH THE WIDER WORLD By the 1400s, West Africa had long been connected to the wider world through trade. The city of Timbuktu was the hub of a well-established trading network that connected most of West Africa to the ports of North Africa, and through these ports to markets in Europe and Asia. Along trade routes across the Sahara Desert, merchants carried goods from Mediterranean cities and salt from Saharan mines to exchange for gold, ivory, and dyed cotton cloth.

Along with goods, traders from North Africa also brought across the Sahara the Islamic faith, which increasingly influenced West African cultures. Islam is a monotheistic religion—that is, one based on the belief in a single god. The religion of Islam was founded in Arabia in 622 by the prophet Muhammad and spread quickly across the Middle East and North Africa.

HISTORICAL SPOTLIGHT

ISLAM

Islam was founded by the prophet Muhammad (about A.D. 570–632), who worked as a merchant in Mecca, a trading city on the Arabian peninsula. When he was about 40, he believed the angel Gabriel appeared to him and told him to preach a new religion to the Arabs. This religion became known as Islam, which in Arabic means “surrender [to Allah].” (Allah is the Arabic word for God.) The followers of Islam are called Muslims, “those who submit to God’s will.”

The words that Muhammad received from the angel were recorded by his followers in the Qur’an, the holy book of Islam. The Qur’an teaches that “there is no God but Allah, and Muhammad is His Prophet.” The Qur’an also sets forth certain duties for righteous Muslims, including a series of daily prayers, the giving of charity, and a pilgrimage to the holy city of Mecca.
Mariners from Portugal made trading contacts along the West African coast starting in the 1440s. These early contacts with Portuguese traders had two significant consequences for West Africa and the Americas. First, direct trade between the Portuguese and the coastal people of West Africa bypassed the routes across the Sahara and pulled the coastal region into a closer relationship with Europe. Second, the Portuguese began the European trade in enslaved West Africans.

European Societies of the 1400s

In the late 1400s, most Europeans, like most Native Americans and most Africans, lived in small villages, bound to the land and to rhythms of life that had been in place for centuries. For the majority of Europeans, change came slowly.

THE SOCIAL HIERARCHY European communities were based on social hierarchy, that is, they were organized according to rank. At the top of the hierarchy were monarchs and the aristocracy, the landowning elite, who held most of the wealth and power. Members of the clergy also ranked high in the social order. At the bottom were agricultural laborers, or peasants.

Few individuals rose above the social position of their birth. One group that did achieve mobility was the growing number of artisans and merchants, the people who created and traded goods for money. There were relatively few members of this group in the 1400s. However, the profit they earned from trade would eventually make them a valuable source of tax revenue to monarchs seeking to finance costly overseas exploration and expansion.

CHRISTIANITY SHAPES THE EUROPEAN OUTLOOK The dominant religion in Western Europe was Christianity, a religion based on the life and teachings of Jesus. The leader of the church—the pope—and his bishops held great political as well as spiritual authority.

As the influence of Christianity and Islam spread, the two religions came into conflict. In 1096, Christian armies from all over Western Europe responded to the church’s call to force the Muslims out of the Holy Land around Jerusalem. Over the next two centuries, Europeans launched the Crusades, a series of military expeditions to the Middle East in the name of Christianity.

In the end, these bloody Crusades failed to “rescue” the Holy Land, but they resulted in two consequences that encouraged European exploration and expansion. First, the Crusades opened up Asian trade routes, supplying Europeans with luxuries from the East, especially spices such as cinnamon, cloves, nutmeg, and pepper. Second, the Crusades weakened the power of European nobles, many of whom lost their lives or fortunes in the wars. Monarchs eventually took advantage of the nobles’ weakened ranks to consolidate their own power.

By the early 1500s, many church leaders and ordinary people were eager for reforms. This desire for change led to a movement called the Reformation, which criticized church practices and challenged the authority of the pope.

“KING” ISABELLA 1451–1504

Queen Isabella, who played a central role in European exploration by sponsoring Christopher Columbus’s voyages to the Americas, made her mark on the Old World as well. As co-ruler of Spain, Isabella actively participated in her country’s religious and military affairs.

In championing Spain’s Catholicism, the queen often fought openly with the pope to make sure that her candidates were appointed to positions in the Spanish church. In addition, Isabella had tasted battle far more than most rulers, either male or female. The queen rode among her troops in full armor, personally commanding them in Ferdinand’s absence. Whenever Isabella appeared on a horse, her troops shouted, “Castile, Castile, for our King Isabella!”

Background

Spices were important in the Middle Ages when European farmers preserved meat by packing it between layers of salt. Spices helped disguise the bad taste of the meat.
The Reformation led to a religious schism, or split, throughout Europe: those who supported the Reformation became known as Protestants because of their opposition to the established Catholic church. This split deepened the rivalries among European nations during the period of North American colonization a century later and sent some Protestants and some Catholics across the Atlantic to seek religious freedom.

EUROPEAN NATIONS TAKE SHAPE
During the 1400s, four major nations were taking shape in Europe: Portugal, Spain, France, and England. Ambitious monarchs extended their reach by collecting new taxes, raising professional armies, and forming stronger governments. Among their new allies were the merchants, who paid taxes in exchange for the protection and expansion of trade.

THE RENAISSANCE
The 1400s also saw a cultural awakening in Europe, known as the Renaissance (rēn′ə-säns′)—a term meaning “rebirth” of the kind of interest in the physical world that had characterized ancient Greece and Rome. In the arts, this meant rejecting the flat, two-dimensional images of medieval painting in favor of the deep perspectives and fully rounded forms of ancient sculpture and painting. Starting in Italy, a region stimulated by commercial contact with Asia and Africa, the Renaissance soon spread throughout Europe. Renaissance artists created works of lasting influence, while European scholars reexamined the texts of ancient philosophers, mathematicians, geographers, and scientists.

Although their themes were still often religious in nature, Renaissance artists portrayed their subjects more realistically than had medieval artists, using new...
techniques such as perspective. Leonardo da Vinci, investigating how things worked, kept notebooks in which he made detailed drawings of human anatomy and of his inventions, including a flying machine. This energetic spirit of inquiry infused the early explorers and adventurers who, like Christopher Columbus, grew up during the Renaissance.

The spread of the Renaissance was advanced by Johann Gutenberg’s introduction of printing from movable type in the 1450s. This development made books easier and cheaper to produce, which aided the spread of ideas.

The Renaissance encouraged people to think of themselves as individuals, to have confidence in their capabilities, and to look forward to the fame their achievements might bring. This attitude prompted many to seek glory through adventure, discovery, and conquest.

EUROPE ENTERS A NEW AGE OF EXPANSION  The European interest in overseas expansion probably began in the 1200s with the journey of Marco Polo to China. Later, the publication in 1477 of the first printed edition of Polo’s vivid—and sometimes exaggerated—account caused renewed interest in the East. Like other merchants, Polo traveled to Asia by land. The expense and peril involved in such journeys led Europeans to seek alternative routes. In the 1400s, Europeans used the work of Ptolemy, a second-century scholar, along with the work of Arab and

**THE CARAVEL**

The caravel, the ship used by most early Portuguese and Spanish explorers, had many advantages over earlier vessels. It was lighter, swifter, and more maneuverable than other ships.

The lateen sails, an innovation borrowed from Muslim ships, allowed the caravel to sail against the wind. Rigged with triangular lateens, the ship could tack (sail on a zigzag course) more directly into the wind than could earlier European vessels.

The shallow draft (the depth of the ship below the water line) made the ship ideal for coastal exploration.

The large hatch allowed goods to be stored below deck.

The sternpost rudder allowed greater maneuverability.

The smaller deck at the stern provided protection from the rain.

Developing Historical Perspective

How did Renaissance attitudes encourage the European age of exploration?
Jewish scholars, to revive the art of cartography, or mapmaking. Although imperfect, the new maps inspired Europeans to start exploring for water routes to Asia.

European monarchs had powerful motives to finance the search for new lands and trading routes: they needed money to maintain their growing armies and administrative bureaucracies. By the mid-1400s, Europe's gold and silver mines were running low. So the monarchs of Portugal, Spain, France, and England began looking overseas for wealth.

Beginning in the 1300s, monarchs invested some of their tax revenues in new weapons—such as longbows and cannons—which they used to limit the power of the independent nobles. These new weapons, along with the hand-held firearms that were developed in the 1400s, also gave them military advantages over the Africans and Native Americans whom they later encountered.

**MAIN IDEA**

**SAILING TECHNOLOGY IMPROVES** European ship captains in the 1400s experimented with new sailing vessels such as the caravel and navigating tools such as the compass and the astrolabe, which helped sailors plot direction at sea. They also took advantage of sailing innovations, like those that allowed caravels to sail against the wind.

One leader in developing and employing these innovations was Prince Henry the Navigator of Portugal, who gathered mariners, geographers, and navigators to his court. According to a contemporary chronicler, Gomes Eanes de Zurara, the prince's driving motivation was the need to know.

For almost 40 years, Prince Henry sent his captains sailing south along the west coast of Africa. Exploration continued after the prince's death. In 1488, Portuguese sailor Bartolomeu Dias rounded the southern tip of Africa; fellow Portuguese explorer Vasco da Gama reached India ten years later. By sailing around Africa to eastern Asia via the Indian Ocean, Portuguese traders were able to cut their costs and increase their profits.

As cartographers redrew their maps to show this eastern route to Asia, an Italian sea captain named Christopher Columbus believed there was an even shorter route—one that headed west across the Atlantic.

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**MAIN IDEA**

2. **MAKING INFERENCES**

Why do you think other European nations lagged behind Portugal in overseas exploration? Support your reasons with details from the text.

**Think About:**

- the geography of Portugal
- the power of monarchs in the 1400s
- the economic and political situation of European nations during this time

**Vocabulary**

*bureaucracies*: government departments staffed with nonelected officials

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**MAIN IDEA**

**3. ANALYZING CAUSES**

What factors do you think contributed to the thriving trade system that flourished in West Africa? Use evidence from the text to support your response.

**4. ANALYZING EFFECTS**

What effects did Portuguese trade have on West Africa?